



## MEMBERSHIP HOLD REQUEST FORM

**Completed Membership Hold Request Form must be received in the EFFEX 180 studio by the 15<sup>th</sup> of the month prior to hold start date.**

Member Name	ID#
Membership Type	
# Months Requesting Hold	
<small>Minimum one (1) month. Maximum two (2) months per 12 month cycle for Lifestyle memberships.                  Maximum three (3) consecutive months for Freedom memberships, one month activation required before additional hold may be applied.</small>	
Hold requested for month(s) of _____ <small>Holds apply to 1-30/31<sup>st</sup> of the month</small>	
Reason for Hold <input type="checkbox"/> Vacation <input type="checkbox"/> Medical <input type="checkbox"/> Other	
Member Signature	Date

Hold Fees: Lifestyle Membership \$10/month, Freedom Membership \$15/month (excluding GST). Full payments resume upon removal of hold.

FOR OFFICE USE ONLY	
<input type="checkbox"/> <i>Lifestyle Membership 12<sup>th</sup> full payment due</i>	
CURRENT Date	NEW Date
Reduced hold fee \$_____/month through PAD	
<input type="checkbox"/> <i>Pre-Paid Lifestyle Membership Expiry</i>	
CURRENT Date	NEW Date
Reduced hold fee \$_____/month paid by _____	
<input type="checkbox"/> <i>Freedom Membership</i>	
Reduced hold fee \$_____/month through PAD	
<input type="checkbox"/> <i>Pre-Paid Freedom Membership Expiry</i>	
CURRENT Date	NEW Date
Reduced hold fee \$_____/month paid by _____	
Processed by	Date
Verified by	Date